

Oregon Teen Retreat 2018 - Agenda

Join us for an amazing Oregon Teen Retreat, where we'll empower young people to embrace differences and cultivate respect! Our action-packed agenda incorporates team building, stress management, wellness and recreational activities. Participants will leave with new tools for health, a restored sense of self, and an increased capacity to respect others across culture, race, ethnicity, religion, capability, and gender identity and expression.

Youth will leave inspired (and ready to inspire) with the courage to STAND OUT!

Monday June 25th

Time	Agenda	Location	Staffing
1:30 - 2:30 PM	Registration	Dining Hall	Everyone
2:30 - 3:00 PM	Settle into Cabins	Cabins	Everyone
3:00 - 3:45 PM	MANDATORY Adult Orientation	Dining Hall	Adults
3:15 - 3:45 PM	Camp Tour and Group Photo	Meet @ Worship Center End @ Dining Hall for Photo	Everyone
4:00 - 5:45 PM	Opening Session	Worship Center	Everyone
6:00 - 6:45 PM	Dinner (and Clean Up)	Dining Hall	Everyone
7:00 - 8:00 PM	General Session Trauma Informed Oregon	Dining Hall	Everyone
8:15 - 10:00 PM	Campfire! All-Star Meet & Greet / S'mores	River Campfire Circle	Everyone
8:45 PM	MANDATORY Adult Debrief	Dining Hall	Adults
10:30 PM	Lights Out!	Cabins	Everyone

Tuesday June 26th

Time	Agenda	Location	Staffing
7:15 - 8:15 AM	Breakfast (and Clean Up)	Dining Hall	Everyone
8:15 - 8:30 AM	Announcements	Front of Dining Hall	Everyone
8:30 - 10:00 AM	Wellness Activities (I) Yoga Meditation Nature Walk Jog	Worship Judson Meet @ Gazebo Meet @ Dining Hall	Everyone
10:00 - 10:15 AM	Snack	Snack Shack	Everyone
10:30 - 11:30 AM	Workshops (Session I) Head in the Game Relationship Ninja Navigating Healthcare Wounded Spirit	Craft Shack Dining Hall Judson Lodge Tree Cabin Campfire Circle	Everyone
11:30 - 12:15 PM	Lunch (and Clean Up)	Cabins	Everyone
12:30 - 1:30 PM	Workshops (Session II) Head in the Game Relationship Ninja Navigating Healthcare Wounded Spirit	Craft Shack Worship Center Judson Lodge Tree Cabin Campfire Circle	Everyone
1:30 - 2:00 PM	Snack and Break (Grab gear for REC Activity)	Snack Shack	Everyone
2:00 PM - 2:15 PM	Announcements Zipline - Orientation / NO Swimming Today! Tubers - If you plan on swimming tomorrow...	Front of Worship	Everyone
2:15 - 5:15 PM	REC Activity (Session II) Archery, Zipline, Low Ropes, Basketball, Volleyball, Tubing, Capture the Flag, Mini Golf, Horseshoes Art Activity: Smashbook	Art Activity @ Craft Shack (Swimming is not available)	Everyone
5:30 - 6:15 PM	Dinner (and Clean Up)	Dining Hall	Everyone
6:30 - 7:30 PM	Workshops (Session III) Head in the Game Relationship Ninja Navigating Healthcare Wounded Spirit	Craft Shack Dining Hall Judson Lodge Council Rock Campfire	Everyone
7:30 - 8:00 PM	Break	Cabins	Everyone
8:00 - 10:00 PM	Camp Fire Talent Show	Council Rock Campfire	Everyone
8:15 PM	MANDATORY Adult Debrief	Judson	Adults
10:30 PM	Lights Out!	Cabins	Everyone

Wednesday June 27th

Time	Agenda	Location	Staffing
7:15 - 8:15 AM	Breakfast (and Clean Up)	Dining Hall	Everyone
8:15 - 8:30 AM	Announcements	Front of Dining Hall	Everyone
8:30 - 10:00 AM	Wellness Activities (II) Yoga Meditation Nature Walk Jog	Worship Judson Meet @ Gazebo Meet @ Dining Hall	Everyone
10:00 - 10:15 AM	Snack	Snack Shack	Everyone
10:30 - 11:30 AM	Workshops (Session IV) Head in the Game Relationship Ninja Navigating Healthcare Wounded Spirit	Craft Shack Dining Hall Judson Lodge Council Rock Campfire	Everyone
11:30 - 12:15 PM	Lunch (and Clean Up)	Cabins	Everyone
12:30 - 2:00 PM	Group Activity	Worship Center	Everyone
2:00 - 2:15 PM	Snack (Grab gear for REC Activity)	Snack Shack	Everyone
2:15 - 2:30 PM	Announcements	Front of Worship	Everyone
2:30 - 5:15 PM	REC Activity (Session II) Swimming, Archery, Basketball, Low Ropes, Volleyball, Mini Golf, Horseshoes, Capture the Flag Art Activity: Painting	Art Activity @ Craft Shack Simming @ 3:00 PM	Everyone
5:30 - 6:15 PM	Dinner (and Clean Up)	Dining Hall	Everyone
6:15 - 6:45	Change for Evening Activity	Cabins	Everyone
7:00 - 10:00 PM	Evening Activity	Gym / Field / Council Rock	Everyone
8:45 PM	MANDATORY Adult Debrief	Worship Center	Adults
10:30 PM	Lights Out!	Cabins	Everyone

Thursday June 28th

Time	Agenda	Location	Staffing
7:15 - 8:15 AM	Breakfast (and Clean Up)	Dining Hall	Everyone
8:15 - 8:30 AM	Announcements	Front of Dining Hall	Everyone
8:30 - 9:30 AM	Prepare for Departure from Camp Pack Belongings / Clean up Cabins (Final Cabin Checks)	Cabins (Hold Worship until 10:00a, Hold Gym for camper belongings)	Everyone
9:30 - 10:00 AM	General Session Well-Being Jeopardy or All-Star Panel	Worship Center	Everyone
10:00 - 10:15 PM	Snack	Front of Worship	Everyone
10:15 - 12:00 PM	Martial Arts (General Session)	Field / Gym	Everyone
12:00 - 1:00 PM	Closing Session & Activities (Slideshow, etc.)	Worship Center	Everyone
1:00 - 1:30PM	Sack Lunch	Dining Hall	Everyone