

At FosterClub, we believe that youth/young adult and adult supporter partnerships are essential for safe, healthy, and meaningful spaces and places together. Because you have agreed to accompany a group of youth/young adults to a FosterClub event, these are the ways you're expected to partner for a successful experience. Please consider the statements below and ensure you can agree to them.

<p>1.</p>	<p>Commitment to Positive Youth Development</p> <p>I am committed to actively participate in the event and support the participation of the youth/young adults that I am accompanying. This means that I will attend workshops, activities, and sessions, and support the youth/young adults that I accompany to process information, share their perspective, and have a good time. I will support FosterClub's mission and help youth connect with it.</p> <p>I am aware of Youth Rights that directly relate to experiencing this event and will support youth/young adults that I accompany to self-advocate, communicate or access what they need to be well throughout the event.</p> <p>I am aware of the expectations that youth/young adult participants have agreed to and will support them to be successful in living by those standards for this event. If there are any issues, I will work to focus on a youth/young adult's strengths to help them address and overcome them.</p>	<p>Youth Rights</p> <p>Foster Youth Bill of Rights: Click Here</p> <p>To have what every young person needs:</p> <ul style="list-style-type: none"> Nutritious food that meets my dietary needs <p>To be safe:</p> <ul style="list-style-type: none"> To be treated with respect To be protected from physical, mental, emotional and sexual abuse <p>To be healthy:</p> <ul style="list-style-type: none"> To see a nurse if I am sick and request medical attention <p>To learn:</p> <ul style="list-style-type: none"> To be provided with age-appropriate educational opportunities to prepare me for adult life To have the opportunity to participate in activities that interest me <p>To be in a place that meets my needs:</p> <ul style="list-style-type: none"> To have a curfew and retreat rules that are clear and fair and to have them explained to me from the beginning To space for coping, processing and regulating myself <p>To make decisions for myself:</p> <ul style="list-style-type: none"> To receive respect To determine and express my gender and sexual identity for myself
<p>2.</p>	<p>Commitment to Communications & Collaboration</p> <p>I will ensure supervision of and communication with all youth/young adults that I am responsible for. I am aware that the primary role of FosterClub AllStars and Staff is to facilitate programming and engage participants in the event, not address behavioral concerns or supervise youth/young adults. I will monitor the whereabouts of the youth/young adults I accompany during program times, meal times, free times, announcements, and breaks. If any youth/young adults that I accompany are not accounted for during one of these times I understand that it is my responsibility to resolve although I can ask for assistance from others.</p> <p>If there is a major behavioral or health issue with a youth/young adult (illness, mental health concern, hurt or harm of others, misconduct) that I supervise or another ILP is responsible for, I will inform a senior FosterClub staff person, and/or senior Youth Transitions staff person so we can work together to address the concern and support all youth/young adults involved.</p> <p>I will participate in the adult supporter orientation prior to the event and in nightly debriefs. If there is a conflict for some reason, I will check in with a colleague or FosterClub staff to ensure I'm informed about what came up in the session.</p> <p>I am aware that the schedule for this event is long and can be both physically and emotionally exhausting for individuals unaccustomed to such events. Days can begin as early as 7am and lights out as late as 10:30 pm nightly. I am willing and able to stay engaged as an adult supporter for the duration of the event.</p>	<p>To be informed:</p> <ul style="list-style-type: none"> About where I can go for help About what expectations are of me About what expectations are for adults there to support me
<p>3.</p>	<p>Commitment to Promote Wellness for All</p> <p>I will not bring or use alcohol, drugs (except those prescribed by my doctor), fireworks, firearms, pocket knives, or weapons of any kind.</p> <p>This includes refraining from legal drugs (cigarettes, vaping, weed) or alcohol for the full duration of the event.</p> <p>I will use my cell phone and or other electronic devices primarily during breaks rather than during a presentation, workshop or other event activities unless necessary for emergencies. I realize this is an opportunity to role model and inspire healthy screen use and program engagement.</p> <p>I will ensure youth/young adults that I accompany turn in their medication to the nurse and support them to take their medication as prescribed. I will also ensure the medication is picked up after the event concludes.</p>	

If there is a violation of Youth/Young Adult Participant Agreements:

1. Supportive action will be determined by a committee of solution seekers, consisting of a FosterClub Staff Member, Child Welfare Staff, Young Leader: FosterClub AllStar and/or Coach, and other involved adults.
2. All parties involved will determine whether a committee meeting is necessary and will make the arrangements for that to happen. The sooner an issue is reported the better.
3. The solution seekers will work to determine what happened. All parties involved will help to determine an appropriate resolution. Any decision will be agreed upon by all solution seekers, youth, and adults involved.
4. Any individual, acting on his/her/their own may not remove youth from the event without following this protocol.
5. An incident form will be provided and filled out by the appropriate party as determined by the committee.

I understand the agreements and consequences outlined above and commit to honor them.

Signature: _____

Date: _____

Adult Supporter Tips

When Accompanying Youth/Young Adults to an Event

1. **Have FUN** - This is a unique opportunity to connect with youth/young adults in an atypical environment. Take advantage of that! Play as much as possible. Laugh as much as possible. We know that play and laughter helps facilitate healthy attachment and healthy attachment anywhere helps with healthy attachment everywhere!
2. **Ensure clarity of roles and responsibilities** - Encourage self-responsibility, group care and clarity of your role as accompanier. Since part of your role is to know where everyone is through the event, you might consider inviting everyone in the group to download an app on devices like [Life 360](#) so you all can see where each person is or to commit to check-ins at each transition point.
3. **Proactively go over Agenda, Meal and Sleeping Arrangements** - Facing the unknown is one of the biggest activators of anxiety and trauma. Ensure youth/young adults have as much of a sense of where they are going and what they'll be doing as they'd like. Encourage them to step bravely into the unknown and care well for themselves when it feels like too much. Make sure they know what to do if they have an issue or unmet need.
4. **Proactively go over expectations and consequences** - Ask each person what their biggest concern is about meeting the expectations and make sure there's a plan in place if a challenge comes up.
5. **Talk through how to cope** - When something doesn't feel good, have a plan! Especially for a young adult that may be used to using coping in ways that are not allowable during the event (ie. smoking or vaping), this conversation and planning is important.