



## Independent Living Program (ILP)

### Eligibility Requirements

- Ages 14- 21 (some exceptions apply, check with your [state](#) for more info)
- In the foster care system at least one day between age 14 to 18 (some exceptions apply, check with your [state](#) for more info)

### Reasons to Think About ILP:

1. Provides **resources and skills to help you succeed throughout adulthood** i.e. financial assistance for education, information on basic living skills, housing, and more.
2. Creates pathways to **positive outcomes** for foster youth transitioning into adulthood and self-sufficiency.

### Tips:

- Check your [eligibility](#) before asking your caseworker for more information.
- Be **prepared** and do your research
- Independence comes with more **responsibility**.
- **You're not alone** - ILP workers help you learn how to transition into adulthood and you can receive financial assistance if you follow ILP requirements.

*\*Each state operates differently. Please be sure to research specifics for your context.*

**Still not sure if you qualify or have questions?**

Contact [[outreach@fosterclub.com](mailto:outreach@fosterclub.com)] or call 503-717-1552