

# What are my options for... EMERGENCY HOUSING SUPPORT?

## PRO TIPS:

Take the lead! Start researching on your own. Google is a free and effective tool to locating resources in your area. No internet access? Head to a public library.

Connect with an adult supporter: neighbor, friend, coworker, church member, caseworker or ILP worker - ask for help locating housing options.

Call, email or post for FosterClub help!



Finding a safe place to stay can be tough, especially for young people from foster care. If you're in a housing emergency, here are some steps that can help:

- 1. Call 211:** In most places in the U.S., you can dial 211 or visit [211.org](https://www.211.org) to get connected with local services and find emergency housing.
- 2. Look for Shelters Nearby:** Check out HUD's support by state (<https://www.hud.gov/states>) to find shelters and temporary housing in your state.
- 3. Under 18? Check out The National Runaway Safe line 24/7:** They offer free and private support and can even help with transportation to a safe place.
  - Call 1-800-RUNAWAY (1-800-786-2929)
  - Text, Chat, or Email at [1800runaway.org](https://www.1800runaway.org) to connect with someone who can help.

**You're not alone**  
there are people and resources  
ready to support you.

## TALK TO US!

Email: [outreach@fosterclub.com](mailto:outreach@fosterclub.com)

Call: (503) 717-1552

Post: [app.fosterclub.com](https://www.fosterclub.com)



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